
Spiritual Power of Positive Affirmations & Imaginations

Let's talk about the Spiritual Power of Positive Affirmations & Imaginations. These are, indeed, very powerful and, also magical. Please read the guide about the Spiritual Power of Positive Affirmations & Imaginations till the end. You will find it very interesting. If you follow these techniques, you can change as well as improve your life in a month or so.

The Power of Positive Affirmations & Imaginations

You know, our thoughts are very powerful. Human beings are superior to all other living things owing to the ability of processing and using the mind to consider things carefully. Everything starts into our mind first, then into our actions. That is why it is said that "If you can perceive it, you can achieve it. So, our Thinking leads to actions. And the same actions with the due passage of time become our habits. And eventually, our habits extend to the long-lasting results that ever we perceive in our minds.

In the long run, our thoughts and our beliefs create our future. For all such reasons, we need to give precedence and work over our thoughts. It is the need of the hour to choose thoughts that enable us to have the life we want to live. All such things can be accomplished with positive affirmations and with the repetitions of these thoughts.

Positive affirmations and imaginations are a great way to commence and cease our day. There is also a scientific reason behind it. Our brains have a unique system known as RAS, which stands for *Reticular Activating System*. RAS, in short, is responsible for our wakefulness, our ability to focus, our fight-flight response, and how we ultimately perceive the world. It can control what we perceive in our consciousness, essentially a gatekeeper of information.. The main function of that very system is to fill our awareness with things that we think about. Therefore, if you think about any particular thing and look around in your room, you'll notice those

things all around. For instance, imagine a weird face and look at a texture made carpet or cloth. Chances are many that you will find it. Likewise, when you tell yourself that your life is amazing, you'll find more and more amazing things show up in your life.

In a nutshell, if you wish to start fascinating the things you want in your life. It's time to program your mind for all those things. First of all, act as you have them to have them in real. If you cannot even think of something and to have them in your life like flogging a dead horse. Whatever, you own right now, once dwelled into imaginations. Thus, if you think; you can, you, indeed, can.

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I am Farhan Khan, a **Physics teacher** with Educational background in **MS.c Physics & M.A International Relations**. I love to **write, research** and to generate new ideas in a quick manner. I am always motivated towards new skills and excited to work with new people. I'm an **IT Expert**, having more than 5 years experience in **Writing, blogging**, MS Office, Excel, **SEO**, Data Entry and **Teaching** etc. I am also a **creative writer, an editor, online marketer** who is strongly ambitious to learn, grow by means of fair and ethical means.

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